



Every year the students at SLHS choose who among them best exemplify our values of Confidence, Hope, Integrity and Passion. This years group are great representatives of these values. Here they share what these values mean to them.

Truly confident people inspire themselves and those around them through their positive words, thoughts, and actions." Garth Ball '14 - Confidence

"There is something about hope that makes every day better. Having hope means that I understand the future that God has in store for me." Colleen Lyell '13 - Hope

"I believe that all aspects of integrity are important in pursuing goals and building relationships. I love how Seattle Lutheran High School encourages obtaining integrity because it builds attractive character for each of its students." Monika Keller '12 - Integrity

"The staff and my friends were always there to lift me up and point me back on the path to my passion." Brian Simmonds '11 - Passion

# THE FLAME

SEATTLE LUTHERAN HIGH SCHOOL

VOL. 8 ISS. 1 2012



## Spring Alumni Event

### Greetings

The 2011-2012 school year got off to a great start! The Light up the Night Auction was a grand success with special thanks to Stephanie Channer Jensen '91 and Myrna Burnett, co-chairs. Our fall athletic teams qualified for post-season play and, most importantly, were all recognized as scholar athletes by the WIAA. Thank you to the Booster Club whose members have been instrumental in our student athletes' achievements this year.



Our theme for this year is Serve One Another. In keeping with this theme, our students are actively involved in many community service organizations and the school community enjoyed the first of our two annual Giving Days on December 16; we all went out into the community to work with myriad service providers in our community.

In the academic area, our teachers, 65% of whom hold Master's degrees, are providing a rigorous course of study in regular, honors and AP courses. We are very proud of the fact that 99% of the Class of 2011 matriculated to college. Seattle Lutheran is an active vibrant learning community with hard working students and a dedicated caring staff.

The school's Board of Directors is working diligently to assure the school's future and have engaged a consultant to help us craft a strategic plan to guide the progress of the school for the next five years. Creating a strategic plan involves lots of work and input from all our constituents – students, teachers, parents, alumni, past parents and friends. I look forward to working with you all over the next few months while we work on this important task.



We look forward this spring to some fun events and hope you are able to join us. We are hosting a garage sale Saturday, May 12. You are welcome to donate items to sell and volunteer to work at the sale. Friday, June 15 at 5:30 pm we will celebrate the end of an era with Shirley Vradenburgh's retirement party and hope you will join us in thanking Miss Vradenburgh for her work here and wish her well in her retirement. This is also the date for our second annual Alumni Reunion. We hope to see all our talented alums return for a visit.

Great things are happening at SLHS; I encourage you to stop by and meet staff and students, tour the school, and see for yourself the exciting things are going on at Seattle Lutheran.

In Christ,

Mark Henderson  
Principal



Scenes from Giving Day in December

## Q&A Burning Questions in The Flame

**Q.** How can I say, "Thank You" to Miss Vradenburgh?

**A.** The Shirley Vradenburgh Endowed Scholarship

In honor of Shirley Vradenburgh who has taught, led, nurtured and guided students at SLHS since 1980, an endowed scholarship in honor of her was established at the auction. Miss Vradenburgh will retire in June. During her 32 year tenure she has worked with every student who has graduated from SLHS. The Shirley Vradenburgh Scholarship will allow Miss Vradenburgh to continue to positively influence the lives of SLHS students in the years to come.

Please save the date, Friday, June 15, 2012 and join us to honor Miss Vradenburgh on her retirement. Watch your mail for details to be mailed soon!



Shirley Vradenburgh, Wesley Yin, Mark Henderson, Sean Choi

Upcoming Dates

**THE FLAME**

March 23-25	Robotics Competition at CenturyLink Convention Center
April 6	Giving Day
April 9 - 13	Spring Break
April 28	Booster Club Car Wash
May 12	Garage Sale in Gymnasium
May 12	Prom
June 7	Agape Celebration
June 8	Graduation
June 15	Shirley Vradenburgh Retirement Party and Alumni Reunion
	Spring Sports begin February 27, 2012

Seattle Lutheran High School  
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We work very hard to help students discover their strengths and aptitudes and provide guidance for life after high school.



## On behalf of the SLHS Board we wish everyone a Happy New Year!

We've certainly had our plates full meeting this past semester one to three times monthly to address changes which have occurred over time and to set a framework for the future. Joel Koerschen, an expert in Lutheran education, has generously offered his time to assist us in crafting a strategic plan which will involve students, faculty, parents, alumni and friends. You will be asked to participate in this important endeavor as we move forward.

The first key change we've confronted is the financial framework of the school. When founded, Seattle Lutheran had the financial and spiritual support of 35 Lutheran churches. Tuition at private schools typically covers about 80% of the school's operating cost. In most Lutheran schools, church sponsorship has been the primary source of providing the needed 20% of operating costs. Over the past few years the number of churches in the association supporting Seattle Lutheran has dwindled from 35 to ten. The combined annual contribution from our association churches the past few years has averaged \$5000 annually toward a net operating gap approaching \$300,000.00. We recently received a very generous gift of support from Calvary Lutheran Church, but we cannot expect to receive this type of contribution every year.

As a result, the opportunity to reconstruct our financial framework necessitates that the school, with support of the Board, raise the funds needed to operate the school. The Holy Spirit has been a guiding force for the Board as we have worked through this year; we pray for his continued guidance as we reinforce the pillars of this wonderful school financially, spiritually, and academically. Please know we are grateful for your past support of our mission and look forward to your continued support in the future.

Blessings to you, our friends and supporters,

Grace Crunican  
Chair, Board of Directors

### Board of Directors

*President* - Grace Crunican  
*Vice President* - Rob Hanlon '86  
*Treasurer* - Tim Little  
*Secretary* - Jennifer Witsoe '92  
Bob Christian  
Karl Erickson '97  
Barbara Hillier  
Tim Kelly  
John Lisko  
Peter Mueller  
Jeff Norton  
Roger Roberts  
Darren Walsh  
Paul Winterstein

### School Administration

*Principal* - Mark Henderson  
*Director of Development* - Jeanne Flohr  
*Director of Finance* - Michael Dart  
*Director of Admission* - Rachel Bigliardi  
*Campus Pastor* - Bil Hood

### Booster Club Officers

*President* - Tim Morgan  
*Vice President* - Bryon Friel  
*Treasurer* - Cass Prindle  
*Secretary* - Greta Thode

### Parent Association Officers

*President* - Briana Bowen  
*Secretary* - Lynn Johnson  
*Treasurer* - Fawn Michel

## College Corner

Tim Caudle, College Counselor

The purpose of Seattle Lutheran High School is to empower students to make and implement choices that reflect their highest calling. We work very hard to help students discover their strengths and aptitudes and provide guidance for life after high school. Our goal every year is for 100% of our students apply to college, trade school or the armed service and for each student to be accepted by their school of choice. To this end, we provide advisors and counselors to help throughout the student's high school career. Below is a list of opportunities we provide our students to prepare for life after SLHS.

### 9th Grade

- Meet with faculty advisors who focus on encouraging students to maintain high grades and a challenging course load.
- Support and guidance from advisors to help students adjust to high school and become prepared for their junior and senior years.
- Take the EXPLORE test in the fall to gain experience in preparing for the ACT and SAT exams.
- Visit a local university in the spring.

### 10th Grade

- Meet with faculty advisors who focus on encouraging students to maintain high grades and a challenging course load.
- Support and guidance from advisors to help students adjust to high school and become prepared for their junior and senior years.
- Take the PLAN test in the fall to gain experience in preparing for the ACT and SAT.
- Visit a local university in the spring.

### 11th Grade

- Visit a local university in the spring
- Attend Seattle National College Fair in the fall.
- College Night at SLHS features several college representatives.
- College representatives visit our campus and meet with students year-round.
- Students meet one-on-one with the SLHS college guidance counselor who helps create a list of six to eight potential colleges to which they will apply in fall of their senior year.
- Juniors are strongly encouraged to take both the SAT and ACT in the spring.
- Juniors are strongly encouraged to research potential colleges over the summer.

### 12th Grade

Creating a plan and taking advantage of good guidance offered at SLHS helps alleviate some of the stress associated with Senior year. SLHS Seniors have the goal of submitting college applications by November 1 to ensure their greatest opportunities for admission, financial aid, and housing.

- Attend Seattle National College Fair in the fall.
- College Night at SLHS features several college representatives.
- Retake the SAT or ACT in early fall to maximize their test scores.
- Perfect the all-important college essays in English classes.
- FAFSA workshop in late fall for parents of seniors.
- College representatives visit our campus to meet with students year-round.
- Scholarship applications and choosing the right school are the emphasis of winter of senior year.

Every student should leave Seattle Lutheran with a clear plan for their future. It is our desire to make sure every SLHS graduate is able to reach his or her highest calling.



# Mark Your Calendars



## Booster Club Car Wash

Booster Club Car Wash

Saturday, April 28, 2012 – 10:00 am – 2:00 pm

West Seattle Auto

7501 35th Avenue SW

Tickets available from student athletes or in the School Office for \$10.00 each.

## Garage Sale

Please join us for a Garage Sale in the Gymnasium!

Saturday, May 12, 2012 - 8:30 am – 2:30 pm

Seattle Lutheran High School is hosting a garage sale in the Menashe Gymnasium to raise monies for our Gymnasium Renovation Fund.

At the same time, Hope is hosting a sale at the church to fund their Youth Group Mission Trip to Jamaica this summer. Both are in conjunction with the West Seattle Garage Sale Weekend sponsored by the WS Blog. We are collecting items now; please call 206.937.7722 ext. 20 to volunteer to help or arrange a time to drop off donations.

## Alumni Reunion and Shirley Vradenburgh Retirement Party

Please celebrate with us!

Friday, June 15, 2012 - 5:30-9:00 pm

All-Alumni Reunion and the Shirley Vradenburgh Retirement Celebration on June 15. Please call 206.937.7722 or email [jflohr@seattlelutheran.org](mailto:jflohr@seattlelutheran.org) for more information.



## Light Up the Night Auction

Hope Lutheran and Seattle Lutheran were at capacity as over 360 guests came out to support the Light Up the Night Auction benefitting these two great schools. The generosity, excitement, laughter and joy were contagious and unforgettable. We thank all who participated and hope you all enjoyed yourselves and the strong sense of community we share among our schools and church.

Thanks to your INCREDIBLE generosity and support, the auction grossed over \$136,000.00 in proceeds with \$46,000.00 directed to technology enhancements and scholarships at both schools! This is an amazing accomplishment! THANK YOU to each and every one of you for your participation in making this auction a success – it is a perfect example of how great things happen when we all work together.



We want to especially thank the following committee members who worked to pull this event together: Royce Badley, Renee Bang, Liz Bolling, Kory Davidson, Julia Doerr, Sally Heit, Sheryl Harrah, Bil Hood, Becky Jones, Lisa Joseph, Shawne Lidstrom, Brook Mason, Rob McAllister, Lisa Meyer, Karin Roney, Karlynn Rosetti, Julie Walsh and Lisa Weller. THANK YOU! We are blessed to be part of this amazing school community!

Many thanks!

Myrna Burnett and Stephanie Jensen  
Auction Co-Chairs



## Saints Sports

The 2011 Saints Fall Sports Season was one for the record books. All of our teams, football, cross country, women's soccer and volleyball, made it deep into the post-season play and all were recognized by the WIAA for academic excellence.

The Cross-Country team recorded their best team finish in years at the Tri-District race. Senior Matt Haggerty continued on to State finishing in the top 30; he then finished 6th in the Seattle Marathon.

Our Volleyball team came out to play this year! They were an early qualifier for Districts and came very close to playing in the State Tournament. We expect big things from next year's team.

Football had a great year. The team chalked up some impressive wins on their way to Districts. Senior Tyrell Walker-Hampton set the Saints single-season rushing record with two games to go.

Our Cheerleaders under the leadership of Coach Christa Martin did a wonderful job of keeping fans engaged in the football games this fall. We look forward to their performances on the hardwood this winter.

Finally, our Women's Soccer team made their 4th consecutive trip to the State Tournament. While the early season was plagued by injuries, they peaked at the right time, just missing out on a trip to the final game. Seniors, Ashley Shaw and Emily Winter were named to the first and second State Soccer Teams in the 2B League, respectively, and Ashley was named the League MVP. Congratulations Ladies!

Fall athletics are completed and we are well into Basketball season. Check out our web site [www.SeattleLutheran.org](http://www.SeattleLutheran.org) for a current list of games. We have several home games this season and welcome attendance from all Saint fans!

Jack Menashe '99  
Athletic Director

# Development News



THANK YOU to all the students, faculty and staff, parents, alumni, and friends of SLHS who have welcomed me to this new position; it has been a pleasure getting to know you and this wonderful school community. Your support of our students and teachers is greatly appreciated. Thank you Parent Association for your leadership, help with Open Houses and other school events, support of faculty professional development, Christmas goodies and faculty brunches.

Thank you Booster Club for your generous support of our student athletes, their talented coaches and Saints fans. The newly painted gymnasium is beautiful! Thank you!

Seattle Lutheran High School, like most other private schools, relies on donations from its many supporters to cover the gap between tuition, which covers about 80% of the actual cost of operating the school, and the actual cost of operating the school. The people listed below have made personally meaningful gifts to the SLHS Annual Fund Drive since July 1, 2011, the beginning of the school's fiscal year.

*(This list was current as of the date of this printing. If you notice an error, please notify the Development Office at 206.937.7722 ext. 20 or jflohr@seattlelutheran.org)*

## Annual Fund Drive Donors (July 1, 2011 – January 26, 2012)

Alaska Airlines Matching Gifts  
Robert and Ruth Alford  
James and Roberta Antioquia  
Michael and Renee Bang  
Rodney and Seana Barker  
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Mike and Susie Carlin  
Tim and Leah Caudle  
Merlin and Dianne Cavender  
Rob and Carol Christian '82  
Bob and Arleen Christian  
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Stephen Dirks '85  
Jonathan and Laurie Fischer  
Hamilton Gardiner '99  
Joel Garvey '84  
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Loel and Annmarie Haak  
Daniele and Annemarie Hansen  
Terrill Harrington  
David and Mathilda Hemme  
Mark and Christine Henderson  
Barbara Hillier  
Jordan Hinton '04  
Douglas and Roberta Hom  
Bill Hood '87 and Kim Koppe Hood '84  
Theodor Hopkins and Diane Wilkins  
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Judy White  
Paul and Nicole White  
David and Linda Winter  
Jennifer Witsoe '92  
Winfred Wittorf  
Meredith Zandi  
Zachary and Mary Hemme Zornes '98

**The Shirley Vradenburgh Scholarship** was endowed at the Light Up the Night Auction held here on November 11, 2011. **THANK YOU** to all listed below who made this possible. Thanks to an anonymous donor we reached the \$20,000.00 goal set for the evening!

*(If you notice an error, please notify the Development Office at 206.937.7722 ext. 20 or jflohr@seattlelutheran.org)*

Terry Almario  
David and Royce Badley  
Michael and Renee Bang  
Rachel Bigliardi  
Craig and Briana Bowen  
Judith Burbrink  
Russ and Myrna Burnett  
Bruce and Sheryl Channer  
William Clowney and  
Jennifer Lulow  
Michael and Cheryl Dart  
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Bob and Marie Dowding  
Karl Erickson '97  
Richard and Christina  
Jensen Figgins '87  
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Bill Hood '87 and  
Kim Koppe Hood '84  
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Rodney Kuhn  
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Bena and Ann Linvekugel  
Michael and Adrian Linvekugel  
John and Marion Lisko  
Art Lyell and Mary Jo Donnelly  
Lynn Madison Johnson  
Crista Martin  
Kenneth and Vicky McKim  
Ed Mecum '91  
Jack and Linda Menashe  
Jacob Menashe, Jr. '99 and Bailey Menashe  
Jacob Menashe '93 and  
Heather Fleming Menashe '94  
Joshua Menashe '92  
Fawn Michel  
Jason and April Miller  
Tim and Janice Morgan  
Christine Hatfield Mueller '83  
John and Florence Ondrejcek  
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Darren and Julie Walsh  
Mark and Lisa Weller  
Margie Williamson  
Jennifer Witsoe '92  
Jack and Roberta Witsoe  
Michael and Shelly Zuppe



**Thank you, Thrivent Financial for Lutherans!** - Did you know eligible Thrivent members may direct "Choice Dollars" to Seattle Lutheran High School? Thrivent's *Choice Dollars* program allows eligible members to recommend where Thrivent Financial distributes some of its charitable outreach grant monies. You may sign up for this easy way to support SLHS by calling Thrivent at 1.800.847.4836 and, when prompted, say, "Thrivent Choice" or email them at [mail@thrivent.com](mailto:mail@thrivent.com)

**Our Technology Fund** was augmented at the Light Up the Night Auction held here on November 11, 2011. We have purchased three SMART Boards, three SMART Board document cameras and five ELMO document cameras which have greatly enhanced the teaching and learning experiences here at school. THANK YOU to all listed below who made this possible!

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Terry Almario  
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Russ and Myrna Burnett  
Brian and Chelle Chase  
Bob and Arleen Christian  
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Eric and Sally Heit  
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Bill Hood '87 and  
Kim Koppe Hood '84  
John and Kristie Jacobs  
Randy Johnson  
Paul and Carol Johnson  
Kevin and Susan Jones  
Peter and Becky Jones  
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Shane and Rae Kelly  
Lawrence and Dianne Koltz  
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Kerri Stordahl  
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Ralph Svehaug  
Tom and Nancy Swenson  
Richard Vincent  
Darren and Julie Walsh  
Sandra Watkins '89  
David and Vickie Weinz  
Mark and Lisa Weller  
Margie Williamson  
Meredith Zandi

Thank you to the **Saints Booster Club** and their **Corporate Sponsors** who support SLHS Saints Athletics.

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